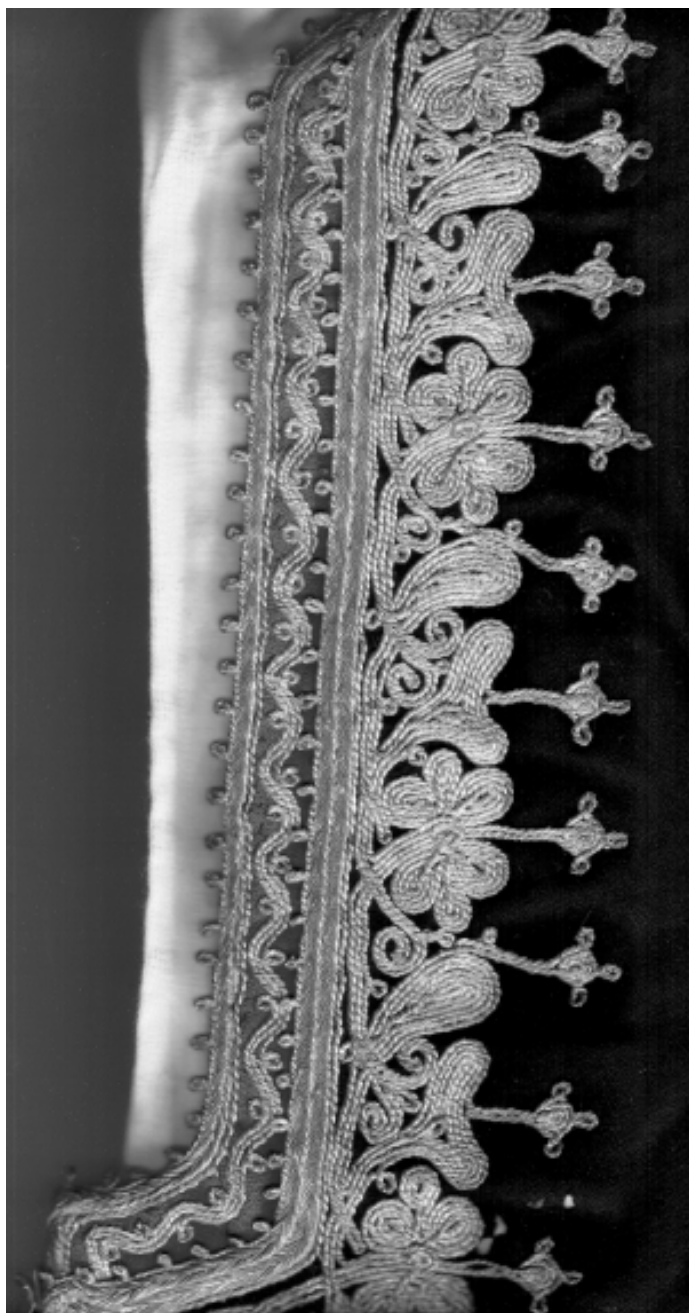


***S.
I.
F.
D.
News***

***April
2013***



SOCIETY FOR INTERNATIONAL FOLK DANCING

registered charity number 284509

www.sifd.org

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Packaging, posting and electronic distribution is done by Dalila Heath.

As I have managed to streamline the process the final date for SIFD News email submissions is now the 17th of the month (except December), this brings it into line with the ordinary postal deadline.

The front cover shows detail from the waistcoat of a 1938 bridal outfit from Ohrid, Macedonia, and the full costume is on page 10 with detail of the shift sleeve on the back page; and also this month - the Dunav logo.

Ed.



2013 SIFD Committee

Above. left to right:
Helen, Dalila, Jeanette, Richard,
John, Judith and Holly, with
Caspar in the foreground.

Right:
Judith, Naomi and Caspar.



DATES FOR YOUR DIARY

- S.I **May.3-6. SIFD HALSWAY MANOR WEEKEND** (though most people now stay on to the Tuesday which would be the 7th) Dancing led by Janet Woolbar, gentle walks in and around the Quantocks. A Sunday coach trip will be organised - destination yet to be arranged
Contact Gordon Adie : 0772 380 2894 grdnadie@aol.com
- May.3-6. EASTBOURNE INT. FOLK DANCE FESTIVAL**
www.eiff.org.uk or tel: 01823 401271
- S.I **May.11. BALKANPLUS** - MC will be Mad & John
- S.I **May.18. SIFD DANCE** (please note that this is not a Sunday) MCs – The SIFD Band. Trefusis, Cecil Sharp House
- S.I **May.25. WOODVALE IFDG ANNUAL DANCE.** Borough Green Village Hall, near Sevenoaks, Kent. 2.00 p.m. to 5.00 p.m. Adults £6, children £3, including refreshments. (Please bring you own drinks).
Tel: 01732 883405 for further details. www.woodvaleifdg.org.uk
- Jun.1. PERFORMANCE OF TANEC** - Bulgarian Dance Group with the London Bulgarian Choir. 8pm – 10pm, £7 Kennedy Hall, Cecil Sharp House, 2 Regent's Park Rd. NW1 7AY tel: 07900904370
- Jun.1. BALKAN DAY COURSE & PARTY** with Marion Nieuwenhuizen 13.30 - 21.30 at Calver Village Hall, Main Street, Calver, Derbyshire S32 3XR. Cost £12. Details/information from Greg Boyd or Janet King on 07810181273 or 0162957065 respectively or greg.boyd99@aol.com or j.king994@btinternet.com
- Jun.8. ROMANIAN & GREEK DAY** with Paul Boizot, 11.00 - 4.45 Sheffield (Ecclesall Rd. area). Dances mainly from Summer Schools 2004 (Dimitris Triandafyllidis) & 2006 (Silviu Ciucumis). Cost £16 - £24, concs. £12. Early booking discount of £2 if booked by May 16. Details, <http://www.paulboizot.co.uk/events.htm>. and list of possible dances, at Contact info@paulboizot.co.uk, 01904 621510.
- S.I **Jun.15. SIFD AFTERNOON COURSE** Cecil Sharp House.

- S.I **Jul.27. A DAY OF MOSTLY RUSSIAN DANCES** at Stone Cross Memorial Hall nr Eastbourne. 10.15 for 10.30 - 4.30. £10. Shared lunch. Telephone or email bookings appreciated. Rowena 01323 503991 or rowenahmartin@hotmail.com
- S.I **Aug.23-26. WILLINGDON IFDG MINI FESTIVAL** of International and English Folk Dance, Circle Dance and singing at Plumpton College, near Lewes, East Sussex. Full board, plenty of single rooms, £160. Booking form with further info: Rowena Martin, 60 Anderida Road, Eastbourne BN22 0PZ
- S.I **Sep.20-22. RESIDENTIAL ALBANIAN FOLK DANCE** course with Genc Kastrati and Helga Saraci in Bournemouth. Comfortable ensuite accommodation, DB&B. Live music, social dancing, singing and music-making workshops with Mike and Clyde. Cost £175 (discount for non-dancing friends and family). For details and a booking form please send s.a.e. to Cathy Meunier, 23, Church Street, Keswick, Cumbria CA12 4DX or email cathy_meunier@hotmail.com
- S.I **Oct.26-27. BALKANPLUS ROMANIAN WEEKEND** Workshop with Marius Ursu at Cecil Sharp House. Full weekend £45 (£40), single workshop £25 (£20), Both workshops £40 (£35), Saturday evening party £8. Discounts in brackets if booked by 31st July. Further discounts for Balkanplus season ticket holders. For tickets, please send a cheque payable to Balkanplus and SAE to Maureen Felton, 28 Henslow Road, Ipswich IP4 5EG. For more information phone Maureen 01473 272256 or Brian 01992 582717.



*Events covered by SIFD insurance are marked S.I. Please remember that the onus is on **you** to mark each event when sending in the notice if your event is covered by our insurance.*



Rivieradance - February in Torquay

Yves Moreau, France Bourque-Moreau, Cristian and Sonia Florescu



The photo is taken by Chris Gill, and shows the 4 teachers in joyful mood around a lamp post in the hotel grounds.

Rivieradance – was the biggest and most ambitious residential course that Cathy Meunier has run – a larger venue with more dancers and more teachers than ever before – and a great success it was too! Set in the very comfortable Livermead House Hotel in Torquay with sea views and delicious food, here we enjoyed over four days immersed in music, dance and friendship.

Cristian and Sonia are very talented teachers of Romanian folk dance: Cristian with his effervescent energy, humour and enthusiasm, and Sonia more quietly but equally importantly supporting with helpful hints. As with other couple teachers it was great to have two models to watch from either side of the circle. Their enthusiasm was infectious and they soon had us all dancing and smiling with ‘active happy knees’!

Yves was, as always, a great favourite with his inimitable style and charisma. He had a particularly lovely choice of slower simple dances in his selection, great as a contrast to the frantic stamping ones, and very beautiful in themselves, complemented by his usual excellent choice of music. These are bound to be popular in Balkan and circle dance groups alike around the country.

France brought us an exotic, eclectic mix of dances from many countries, in many varied formations. She converted even dedicated Balkan dancers like myself to the delights of dances from other countries that we rarely explore, including Tibet, Taiwan, Italy and Brittany. One of the highlights of the whole course has to be her Czech 'candle' dance – a moving eloquent peaceful dance, traditionally done on Christmas Eve – but good for bringing light into our lives any time!

In addition to this feast of dancing, Clyde Oliver and Mike Machin led instrumental music sessions and also daily entertaining singalongs, whose results made a much valued contribution to the hugely enjoyable social dances every evening.

A huge thank you to everyone involved for an excellent winter holiday course which could deservedly be called 'Torquay with all the Trimmings!'

Dawn Wakefield



MacLennan Scottish Group

32nd International Folk Dance Festival

Saturday 25th May 2013 7.30pm-11pm Folk Dance and Ceilidh

Sunday 26th May 2013 2pm-5.30pm Folk Dance Concert

both events: Adults £7.50; Concessions £6; Child £3

NB There are discounts for both events and for families. Both events are at The Priory School, Tintagel Road, Orpington, BR5 4LG

The overseas groups are Hopsani from Estonia and VTG Hermagor from Austria. Also, Wild Hunt Morris side (Saturday evening only).

Further details: www.msg.org.uk or email: enquiries@msg.org.uk

Dot Fuller

Children's Costumes Available

Just to add to the costume profusion confusion in my house, I have been given more children's costumes. Far too many for my little group, and I'm past the stage of keeping more than I need in case of a sudden influx of numbers. These would mostly be suitable for primary school age (Brownies, Cubs), and would make a good starter kit for a new children's class working towards a display.

- 5 Boy's Tyrolean shorts, with attached bib or braces
- 28 Black skirts with coloured trim of braid or rikrak
- 9 White petticoats (tatty)
- 11 White aprons (more like hankies with strings attached)
- 1 Black apron
- 6 White aprons with bib
- 11 Green bodices (like tabards that go over the head and tie at the sides of the waist)
- 6 Gold bodices, 3 green/gold bodices, 1 black bodice
- 5 Brown velvet bodices
- 6 Black velvet ancient leotards (hooks & eyes & boning) !
- 9 Woolly hats !!
- 2 Mice costumes !!!
- 14 Bonnets
- 7 Black velvet lace-up waistbands

In addition to the costumes I have lots of music books, all very old, and dance manuals - international and English that need a new home.

All free of charge, and I will try and arrange delivery.

Janet Douglas

see page 2 for contact details



Balkanplus

The April Balkanplus will be held on the 13th April at Cecil Sharp House, Camden NW1 7AY, starting at 7.00pm.

MC for the evening will be Toni Gutman. Admission £5.

Maureen Felton

Ontario Folk Dance Camp 2013

The University of Waterloo, approximately 100 km, west of Toronto.
Friday, May 17, 9:00 p.m. - Monday, May 20, after lunch.

Steve Kotansky - International

Olga Veloff Sandolowich - Macedonian

Accommodation: in Village 2, a modern building with adequate facilities

Fee: Single Room \$395.00 Double Room \$355.00 Fee includes room, 3 meals daily (breakfast and lunch on Monday), coffee breaks, evening snacks, art supplies, and tuition. DVDs of the review session will be available for sale to full-time campers only.

Applications and cheques should be mailed to:

Sheryl Demetro, 121 Sexton Cres., Toronto, Ontario M2H 2L7

416-493-3815 cdemetn625@rogers.com Deposit: \$250.00



Notes on March 2013 Committee Meeting

Reports were presented at the meeting on all routine and current matters, as usual.

With reference to the Frank Flanagan Fund the Committee has prepared guidance notes for potential organisers of the SIFD Weekends which we would like to support with the Fund. If you are interested in organising an SIFD Weekend or would just like more information please contact us.

Arrangements for the 2013 AGM day, Sunday 8th September, were discussed, and aspects of the SIFD's Afternoon Courses and Dance / Workshops were reviewed.

It was agreed that an email mailing list should be set up, to better publicise our events. Work to improve the SIFD website has commenced.

We are pleased to report that work to change the status of the Society from an unincorporated association to a Charitable Incorporated Organisation (CIO), as authorised by the 2012 AGM, is underway.

Judith Payling

On behalf of the Committee



Re Swansea weekend and other SIFD events:

I hate to disagree with Marina but what are the social evenings for? I'm sure that the teachers of dance must get fed up with the revision of dances that they know so well. But I am unable to get to a regular session because of where I live - so I forget them.

Dances quickly fade in my memory, only to be revived when I see them being run through. There is no need for an in-depth teaching session (if there is, it is not a suitable dance for the social evening) but a reminder helps us poor forgetful ordinary dancers to do it better and not get in the way of other more experienced dancers. Some pieces of music have more than one dance form and I, together with many others, do not retain the names of dances done infrequently.

Moving from my own needs – what about the new dancers, the future of the SIFD? If they attend an untaught social dance, where they cannot do most of the dances at all because they have never done them before, why would they want to join? Following the steps may be possible for some beginners with some simple dances, but not with many of dances done at social evenings. It is especially difficult if a high proportion of the "ordinary dancers" there are doing the dance incorrectly – which I have observed when a dance that I do know well is being performed.

Recently, I pointed out to some newish dancers who the experienced people were that they should watch when trying to follow steps that had not been run through. They had been sitting out, looking fed up, after getting into a muddle trying to follow people who were doing the previous dance incorrectly. They commented that they were not enjoying the social dance because they had not come across the dances before. They were not poor dancers – they had been coping with the course material easily enough earlier in the day.

By all means perform some of the more simple dances by just following steps – but please can we continue to have a run-through of any slightly more complex? This makes it so much more enjoyable for us ordinary mortals.

Gill Wakley
(Abergavenny)

Russian Cossacks

Russian State Dance Ensemble of Astrakhan - tour venue and dates:
for **April**

Tues 2-	Swansea, The Grand Theatre	01792 475 715
Wed 3-	Stockport, The Plaza Theatre	01614 777 779
Thur 4-	Middlesbrough Theatre	01642 815 181
Fri 5-	Shrewsbury, Theatre Severn	01743 281 281
Sat 6-	Buxton, Opera House	0845 127 2190
Sun 7-	Rhyl, Pavlion Theatre	01745 330 000
Tues 9-	New Brighton, Floral Pavilion	01516 660 000
Wed 10-	Kings Lynn, The Corn Exchange	01553 764 864
Thur 11-	Skegness, Embassy Theatre	0845 674 0505
Fri 12-	Weston Super Mare, The Playhouse	01934 645 544
Sat 13-	Yeovil, Octagon Theatre	01935 422 884
Sun 14-	Swindon, Wyvern Theatre	01793 524 481
Tues 16-	Isle of Wight, Shanklin Theatre	01983 868 000
Wed 17-	Southsea. Kings Theatre	02392 82 8282
Thur 18-	Maidstone, Hazlitt Theatre	01622 758 611
Fri 19-	Hayes, Beck Theatre	020 8561 8371
Sat 20-	Croydon. Fairfield Halls	020 8688 9291
Sun 21-	Horsham, The Capitol	01403 750 220

Arlene Hansell



Loidis IFDG Is 30 This Year!

Loidis IFDG's 30th Anniversary Workshop and Party will take place on Saturday September 7th 2013 at the MASSC Hall in Leeds from 2.15 until 9.30.

We are delighted that Marina Wolstenholme will once again do the honours for us (she did so for our 10th and 20th anniversaries as well). Please get the date in your diaries and help us to celebrate our milestone! Further information will be available nearer the time.

Ian Willson

Maggie O'Regan's letter for the March News

I have been trying to put together a note on my feelings on the Summer School Social dances in an honest but tactful way. Thank you Maggie, you have done it for me. Marina, I agree with your statement "relax and just enjoy the dancing" but you cannot do that if you do not know them.

My first contact with S.I.F.D. was in early 1954 and there are so many beautiful dances, both partner and non partnered, that have been lost along the way especially those requiring a minimum number of dancers, in my case because my group is too small. Social dance sessions are the only opportunity I have of doing them.

Just once I was asked to MC a social dance at summer school and my memories are these. One established member criticised me, in no uncertain terms, for a spelling mistake. As I was just setting up it did not do much for my confidence, then at the end of the evening (at that time) a non dancing member rebuked me for 'teaching' some of the dances. However, in between, I had so many 'thank yous' for enabling them to participate and enjoy most of the dances.

My aim in choosing the programme was to have as wide a selection as possible. We even had 5 sets of a many figured 12 person Welsh dance.

I can hear some of you saying "no wonder she wasn't asked again". OK that's fine. I have made an effort to contribute now I can just relax and enjoy the dances providing there is a helping hand or should I say foot, along the way.

Finally I must take the opportunity of saying how much I enjoyed the 'alternative' music for well known dances in Frances Horrocks's programme.

Best wishes

Sue Clark P.I.F.D.

(founder member of the S.I.F.D. Octogenarian club)!!!!!!!!!!!!!!!!!!!!

Rivieradance! 2014

The dates for Rivieradance! 2014 are Thursday 6th - Tuesday 11th February, and the teachers will be:

Vincent Parodi - Much loved Israeli folk dance teacher from France who has a wealth of knowledge of Israeli dances. He is such a delightful person - everybody loves him!

Kyriakos Moisisdis - World renowned and wonderful Greek folk dance teacher from Thessaloniki, Greece. He researches and teaches dances mainly from the north of Greece (Macedonia, Thrace, Pontos and Cappadokia). Kyriakos came to Malhamdale in November 2012.

Belcho Stanev - Brilliant Bulgarian choreographer and charismatic folk dance teacher from Varna, Bulgaria. He came to the Swansea Summer school in 1987. He still teaches, mainly in Germany and has a good programme of dances and music. Some of his dances eg Drijanovska Racenitsa II, Madro and Valcidolska Kucata are popular in our repertoire.

and for Rivieradance! 2015, Thursday 5th - Tuesday 10th February: Yves Moreau (Bulgarian and Balkan), France Bourque Moreau (International), Cristian Florescu and Sonia Dion (Romanian) who were the inspiration behind the first RIVIERADANCE! holiday will be coming back!

It is not possible to book yet, but you might like to reserve these dates in your diary. The location will be the Livermead Hotel, Torquay. More information to follow.

Cathy Meunier



"A Capella" Singing, Music Making & Traditional Albanian Dancing in Bournemouth

20th – 22nd September

In addition to the Albanian folk dance course which was advertised earlier, we are making this weekend an opportunity for anyone who would like to try, to either play music or sing "a capella" for dancing. The repertoire will comprise music from Israel and the Balkans. For those who wish, there will be an opportunity to play or sing for the

dancing during the evening social dance. There will be music workshops with opportunities to play together with other musicians, "introduction to drumming" workshops, "a capella" singing workshops with Mike and some one-to-one help from the "Music team" (Mike, Clyde, Marion and Maya) with any instrument you choose to bring. Sheet music and parts for transposing instruments, and song words and MP3 files of all song parts will be made available in advance. And you don't necessarily need to bring your own instrument! Marion can provide drums for people to practise on, and Maya can even provide you with a clarinet to try.

The cost of the weekend for musicians or singers is £155. It includes 2 night's dinner bed & breakfast in comfortable ensuite hotel accommodation. The course will start on Friday afternoon and end around 11:30 am on Sunday. For full details and a booking form contact Cathy Meunier email cathy_meunier@hotmail.com tel: 017687 73117 or send s.a.e to 23, Church Street, Keswick, Cumbria CA12 4DX.

Cathy Meunier



Electronic Mailing List

As you will have seen from the Committee Meeting Notes, an electronic Mailing List is to be set up, so that we can inform as many interested people as possible about SIFD events. If you are a member and have given us your email address you will receive the first mailing. Anyone then wanting to opt out will of course be able to do so.

It is hoped that in the near future the list will be extended to non-members in our groups and elsewhere, amongst others.

Anyone wishing to add their email address to the list please email mail@SIFD.org to let us know.

Please help us to really enable the mailing list to work for the Society by encouraging people who might be interested to add their addresses.

Judith Payling

SIFD Sunday Afternoon Course

14th April 2-6pm at Cecil Sharp House with Frank Dowling

We are very pleased that Frank Dowling will be teaching 6 dances from the new P10 package at the afternoon course on 14th April. These are:

Pravo Trakijsko Horo	Bulgaria
Samokovsko	Bulgaria
Sandansko Horo	Bulgaria
Čačak	Serbia
U Šest Kolo	Serbia
Konyali	Turkey

Frank specialises in Balkan dances and so the afternoon course will be an opportunity not only to learn the steps but to appreciate the style of each dance.

No partners are required for any of the dances. Flat shoes are recommended and a belt would be useful. This workshop is followed by the monthly SIFD dance when the dances learnt at the workshop will be danced as well as a wide range of international folk dances led by the Woodvale Group.

Anne Maddocks



Monthly Dance at Cecil Sharp House

Sunday 14th April 7-10pm

The April dance will be led by the Woodvale group and will include the six dances from the new P10 package taught by Frank Dowling during the afternoon course. It will be a lively evening with music from the SIFD Band and a variety of dances from around the world.

Anne Maddocks



Dear Janet,

I liked your amusing story about being stuck in the mud. Coincidentally I had been thinking it would be great when you've got room to ask readers/dancers for amusing tales related to dancing.

I have some interesting and often amusing chats on the phone with **Mavis Sayers** whose place some of us used to go to for Balkan dance practice with Toni Gutman. She was telling me how she used to learn by heart rhymes that she had seen on the underground in the 1950's which were part of an advertising campaign for wool. They were about historical figures and always ended with the line "There is no substitute for wool". She would recite them to her dancing friends. As she does not have email she has allowed me to send you a rhyme inspired by these, written by **Reg Turner** in about 1957.

Here it is:

Now Mavis is a dancing girl
She spends her life in one long whirl.
Every night she has a yen
To dance from six 'til half past ten.
Dancing here, dancing there.
In eightsomes, long-sets and four square.
Her partner says , "I feel so hot,
Why is it, Mavis, you are not?"
She says "I wear a woolly vest,
I find it soaks the sweat up best.
That's how I always keep so cool,
There is no substitute for wool."

Rather good, I think!
Kind regards,

Helen de Bray.



'Calamityanos'

7
F C7 F C7 F

13 C7 F C7 F

19 C7 F C7 F C7 F

25 F Bb C7 F

31 Bb C7 F Fm

37 C7 Em C7 Fm

1.
C7 Fm

2.
C7 F

Play: ABCDA

WH 1/5/88

"Wilf Horrocks' Collection"

There are some mistakes in the **Kalamatianos** music in the March News and we hope to provide a new version in due course.

Also of interest to musicians; the SIFD C9 package included a Dunav recording of tunes for Kalamatianos, with printed music in the associated booklet.

Next month **Olender** (Polish) will be featured and your response is invited. **Ed.**



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mail@SIFD.org - please use this address as the SIFD contact for non members and when a quick response matters - a committee member checks this mailbox every day, while personal emails may not be accessed when the addressee is working or away.





WHAT'S ON IN APRIL

- S.I **Apr.13 BALKANPLUS** see page 8
- S.I **Apr.14 SIFD AFTERNOON COURSE** see page 16
- S.I **Apr.14 SIFD DANCE** see page 16
- S.I **Apr.20 HELP FOR HAITI 4** - easy international dances, raffle etc. for St. Saviour's Priory, Haiti mission. 2 - 5.30pm. £8 (children £4) includes tea-time treats. Barnham Village Hall, nr. Bognor Regis. PO22 0AX Janet Douglas 01243 265010 or www.interfolk.co.uk
- S.I **Apr.26th/29th GREAT ALNE LONG WEEKEND** Friday evening to Monday afternoon - near Alcester, Warwickshire) International dancing with Karin Bellaart, other dancing, music, singing, handbells, walking and cycling. Further information: www.greatalnefolk.org.uk or phone Paul Lindley 0121 6891802 or André Hobro 0121 7773722



All material for the May issue of the SIFD NEWS must be received by the Editor in writing by 17th April.